

Date 14 July 2026

Dear Parent/Carer,

PSHE/RSE Curriculum Review

At Oakfield Primary School, we are committed to providing high-quality Personal, Social, Health and Economic (PSHE) education that supports your child's development and wellbeing throughout their time with us.

Reviewing our PSHE provision

We are currently reviewing our PSHE curriculum in line with the DfE's updated statutory guidance for Relationships, Sex and Health Education (published 2025, for implementation from September 2026). This is a positive opportunity to bring our curriculum content up to date in a changing world, whilst maintaining our age-appropriate focus on the core knowledge and essential skills that children need to navigate different aspects of their lives with confidence both in and beyond primary school.

At Oakfield Primary School, we use Jigsaw, the mindful approach to PSHE, as our comprehensive scheme of work. The programme consists of six half-term units (Puzzles): Being Me in My World, Celebrating Difference, Dreams and Goals, Healthy Me, Relationships and Changing Me. Each Puzzle contains lessons that build progressively through the school, developing children's emotional literacy, self-esteem, resilience and understanding of how to build positive, healthy relationships. This scheme of work is enhanced using resources from Unicef, Rights respecting the child, Pol-Ed and My Happy Mind

The updated guidance enhances the Jigsaw programme we already know and trust, rather than requiring radical changes. The strong foundations remain the same - we continue to focus on building the fundamental skills and knowledge children need - whilst ensuring our content reflects the world they are growing up in. As part of our review, we are also considering how we adapt the programme content to best suit the needs and context of our school community.

Your views matter

As part of our review process, we warmly invite you to participate in a consultation session where you will have the opportunity to:

- Learn about the Jigsaw PSHE programme and how it is taught across all year groups
- Understand how we adapt the content to meet the needs of our school community
- See examples of the materials and resources we use
- Understand how our curriculum meets statutory requirements for Relationships and Health Education
- Ask questions about any aspect of our PSHE provision
- Share your views and feedback to help inform our curriculum decisions
- Understand your right to request withdrawal from specific non-statutory Sex Education lessons

The consultation period is now open and will run from 14.7.26 until 11.9.26 and we welcome any feedback that you may have. We have attached the relevant documents to this email including our policy which has been approved by our governing body. These documents will also be uploaded onto our website.

If you would like to feedback then there are 2 ways that we can collect your views.

1. Inform the school using the google form attached to this email.

2. Attend a consultation session in person at the school on Thursday 3 September between 2pm-5.30pm

Working in partnership

We believe that PSHE education is most effective when schools and families work together. Your child's wellbeing, safety and personal development are at the heart of everything we do, and we value your input as we ensure our curriculum continues to meet the needs of our school community. We look forward to sharing our provision with you and hearing your views.

Sarah Williams

Headteacher / PSHE Lead

Reply Slip: PSHE Curriculum Review Meeting

Child's name: _____ Class: _____

- ☐ I will attend the consultation session on 3 September 2026
- ☐ I am unable to attend but would like to arrange an alternative time to discuss the PSHE curriculum
- ☐ I am unable to attend but have no questions at this time

Parent/Carer name: _____

Signature: _____ Date: _____

- ***Oakfield PSHE Policy including RSHE***
- ***Parents' Guide to RSHE in Primary Schools 2026***
- ***PHSE/RSE whole school knowledge overview***
- ***RSE Jigsaw scheme of work***