

Oakfield Primary School - PSHE - Autumn Term

EYFS: Being me in my world Understand how I am similar and different to others and my own feelings. Understand my rights to play and the meaning of being responsible. Celebrating Differences Understanding differences make us special and unique. Understand how to be a kind friend and when someone is being unkind.

Year 1Year 2Year 3Year 4Year 5Year 5Being me in my world I feel special and safe in my class.Being me in my world I can identify some of my hopes and fears for theBeing me in my world I recognise my worth and can identify positive thingsBeing me in my world I know my attitudes and actions make a differenceBeing me in my world I can face new challenges positively and know how toI can identify my this year, unders	world goals for
I feel special and safe in my I can identify some of my I recognise my worth and I know my attitudes and I can face new challenges I can identify my	goals for
large hopes and fears for the landidentify positive things lactions make a difference positively and know how to this year unders	
	•
I understand the rights and year about myself and my to the class team. set personal goals. fears and worrie	about the
responsibilities as a member I recognise when I feel achievements. I know how to use my Jigsaw I know how to use my jigsaw future and know	how to
of my class. worried and know who to ask I can set personal goals Journal. Journal. express them.	
I know that I belong in my for help. I know how to use my Jigsaw I know how good it feels to I know what I value most I know how to us	e my Jigsaw
class. I understand the rights and Journal be included in a group and about my school and can Journal.	
I know my views are valued responsibilities for being a I value myself and know how understand how it feels to identify my hopes for this I feel welcome a	
and can contribute to the member of my class and to make someone else feel be excluded. school year. and know how to	
Learning Charter. school welcome and valued I try to make people feel I understand my rights and others feel the s	
I recognise how it feels to I understand how to make I can face new challenges welcome and valued. responsibilities as a British I know that ther	
he proud of an achievement my class a safe and fair positively, make responsible Tunderstand who is in my Citizen. universal rights t	
Traccorise the choices T place. Choices and ask for help school community the roles I can empathise with people children but for	•
make and understand the 1 can listen to other people when I need it they play and how they fit In this country whose lives children these ri	gnts are
and contribute my own ideas I recognise how it feels to in. are different to my own, not met.	
I recognise the range of about rewards and be happy, sad or scared and I recognise the range of appropriate the range of	
facilities when I face centain consequences and and make to identify if other aroun and contribute to the responsibilities as a British and needs and co	•
consequences I understand now following people are feeling these overall outcome Citizen and as a member of these with children	
Understand my rights and Ready, Respectful, Safe will I understand why rules are I understand how I can empathise with people I understand that I understand how I can empathise with people I understand that I understand how I can empathise with people I understand that I understand that I understand how I can empathise with people I understand that I understand how I understand	
responsibilities within our help me and others learn. needed and how they relate democracy works through in this country whose lives actions affect of	'
Learning environment. I understand how I can work to rights and the school council. I understand how I can work to rights and the school council.	
I understand my choices in cooperatively. responsibilities I can recognise my I can make choices about my I understand my	•
following the school I can recognise the choices I know how to make others contribution to making a own behaviour because I and needs and ca	
expectations that I make and am feel valued Learning Charter for the understand how rewards and these with children	•
Key vocabulary: beginning to work I understand that my whole school. whole school. consequences feel. different commu	
Special, safe, belong, cooperatively actions affect myself and I understand that my I can make choic	
responsibilities, views, Key vocabulary: others and I care about actions affect myself and actions affect me and own behaviour be	•
valued, proud, achievement Special safe belong other people's feelings others; I care about other others.	
Financial Capability responsibilities, views, I understand that my people's feelings and try to I understand how an consequences fee	
I Understand what money is valued, proud, achievement, behaviour brings empathise with them. individual's behaviour can understand how	



and where it comes from SRE Big Talk Sessions -Autumn Term 1

I understand that we are growing up

I can name parts of the body

I understand what are safe and unsafe touches

Bia Talk Sessions - Autumn Term 1

Celebrating Difference

I can identify similarities between people in my class. I can tell you some ways in which I am the same as my friends.

I can identify differences between people in my class. I can tell you some ways I am different from my friends.

I can tell you what bullying

I understand how being bullied might feel.

I know some people who I could talk to if I was feeling unhappy or being bullied.

I can be kind to children who are bullied

I know how to make new friends

T know how it feels to make a new friend.

I can tell you some ways I am different from my

choices, consequences, hopes, fears, worries, rights, responsibilities, rewards.

Financial Capability To understand that there are choices when spending money

Save or spend, want or need SRE Big Talk Sessions -Autumn Term 1

I can understand and name different parts of the body Celebrating Differences

Identify and value differences between myself and others

I am starting to understand that sometimes people make assumptions about boys and girls (stereotypes) I understand some ways in which boys and airls are

similar and feel good about

I understand that bullying is sometimes about difference.

I can empathise and understand how someone who is being bullied might

I understand that it is important to be kind to children

I can recognise what is right and wrong and how to look after myself.

I know when and how to

rewards/consequences I can make responsible choices and take action I can work cooperatively in a

I understand my actions affect others and try to see things from their point of

I am choosing to follow the school expectations.

Key Vocabulary

Positive achievements. personal goals, responsible choices, rules, rights and responsibilities, point of view, emotions, valued, rewards/consequences. cooperatively

Financial Capability

I understand the link between jobs/careers and money.

I understand that there are different ways to pay for things.

I am beginning to understand about lending and borrowing

SRE Big Talk Session -Autumn Term 1

To Understand that boys and girls' bodies are different and which parts of the body are private, and why this is

Celebrating Differences

I understand that everybody's family is I understand how rewards and consequences motivat5e people's behaviour.

I understand how groups come together to make decisions. I can take on a role in a group and contribute to the overall outcome

I understand how democracy and having a voice benefits the school community.

I understand why our school community benefits from a Learning Charter and can help others to follow it.

Key Vocabulary

Citizen, community. democracy, empathise, voice Financial Capability

I understand that there are different attitudes to spending and saving

SRE Big Talk Session -Autumn Term 1

I understand that differences between boys and girls as they grow. I understand what internal and external reproductive body parts are.

I understand that my body changes.

I understand the terms puberty and menstruation. I am beginning to understand what conception

impact on a group. I can contribute to the group and understand how we can function best as a whole.

T understand how democracy and having a voice benefits the school participate in this.

Learning Charter and can help others to follow it.

goals, challenges, choices, rewards, consequences, impact, democracy, community, empathise.

Financial Capability

attitudes to spending and risks

I understand the value of money and ethical spending.

SRE Big Talk Session -Autumn Term 1

is for boys and girls in more detail.

emotional aspects of becoming an adolescent. I am beginning to

community and know how to I understand why our school

community benefits from a

Key Vocabulary

British citizen, personal

I understand different

I understand what puberty

I understand the social and understand what conception

Celebrating Difference I understand that cultural

to my rights and responsibilities. I understand that my actions affect myself and others: I care about other people's feelings and try to empathise with them. I understand how an individual's behaviour can impact on a group. I can contribute to the group and understand how we can function best as a

I understand how an individual's behaviour can impact on a group. I can contribute to the group and understand how we can function best as a whole

whole.

I understand how democracy and having a voice benefits the school community.

I understand why our school community benefits from a Learning Charter and how I can help others to follow it by modelling it myself.

Key Vocabulary

Express, hopes, fears, future, universal rights, locally, globally, consequences, rights, responsibilities, impact, democracy, voice.

Financial Capability I am beginning to



friends.

I understand these differences make us all special and unique.

Special, safe, belong, responsibilities, views, valued, proud, achievement, learning charter, choices, consequences. stand up for myself and others.

I know how to get help if I am being bullied.

I know some ways to make new friends.

I know how it feels to be a friend and to have a friend. I can tell you some ways I am different from my friends.

I understand that these differences make us all special and unique

Key vocabulary:

Similarities, differences, trusted adults, stereotypes, similarities, bullying, right, wrong, special, unique. different and important to them.

I appreciate my family/the people who care for me I understand that differences and conflicts sometimes happen among family members I know how to calm myself down and can use the 'Solve it together' technique I know what it means to be a witness to bullying I know some ways of helping to make someone who is bullied feel better I know that witnesses can make the situation better or worse by what they do I can problem-solve an bullying situation with others

I recognise that some words are used in hurtful ways
I try hard not to use hurtful words (e.g. gay,fat)
I can tell you about a time when my words affected someone's feelings and what the consequences were
I can give and receive compliments and know how this feels

Key Vocabulary

Conflicts, differences, witness, bullying, hurtful, consequences

Celebrating Difference

I understand that, sometimes, we make assumptions based on what people look like.

I try to accept people for who they are.

I understand what influences me to make assumptions based on how people look.

I can question why people think what I do about other people.

I know that sometimes bullying is hard to spot and I know what to do if I think it is going on but I'm not sure.

I know how it might feel to be a witness to and a target of bullying.

I can tell you why witnesses sometimes join in with bullying and sometimes don't tell.

I can problem-solve a bullying situation with others.

I can identify what is special about me and value the ways in which I am unique.

I like and respect the unique features of my physical appearance.

I can tell you a time when

differences sometimes cause conflict.

I am aware of my own culture.

I understand what racism is. I am aware of my attitude towards people from different races.

I understand how rumourspreading and name-calling can be bullying behaviours. I can tell you a range of strategies in managing my feelings in bullying situations and for problemsolving when I'm part of one. I can explain the difference between direct and indirect types of bullying.

I know some ways to encourage children who use bullying behaviours to make other choices and know how to support children who are being bullied.

I can compare my life with people in the developing world.

I can appreciate the value of happiness regardless of material wealth.

I can enjoy the experience of a culture other than my

I respect my own and other people's cultures.

conflict, rumour, bullying

Key VocabularyCultural differences,

understand about budgeting and how people make spending decisions.

I am beginning to understand the impact of money and people's

emotional wellbeing SRE Big Talk Session -

Autumn Term 1

I understand that I am becoming a teenagerI understand what puberty is and how this is different for girls and boys.
I can recognise changes in my body and emotions

my body and emotions
Mads, sads, glads
I understand what happens
from conception to the

birth of a baby. (separate sessions)

Celebrating Difference

I understand there are different perceptions about what normal means.

I can empathise with people who are living with disabilities.

I understand how having a disability could affect someone's life.

I am aware of my attitude towards people with disabilities.

I can explain some of the ways in which one person or a group can have power over another.

I know how it can feel to be



Try 5°				
		my first impression of	behaviours, direct bullying,	excluded or treated badly
		someone changed when I got	indirect bullying, compare,	by being different in some
		to know them.	developing world, culture,	way.
		I can explain why it is good	racism.	I know some of the reasons
		to accept people for who		why people use bullying
		they are.		behaviours.
		Key Vocabulary		I can tell you a range of
		Assumptions, bullying,		strategies in managing my
		witnesses, unique, first		feelings in bullying
		impression, accept.		situations and for problem-
				solving when I'm part of one.
				I can give examples of
				people with disabilities who
				lead amazing lives.
				I appreciate people for who
				they are.
				I can explain ways in which
				difference can be a source
				of conflict and a cause for
				celebration.
				I can show empathy with
				people in their situation.
				Key Vocabulary
				Difference, perceptions,
				normal, disability, power,
				reasons, bullying behaviours,
				conflict, celebration,
				empathise, attitude,
				excluded, appreciate.