



Oakfield Primary School PHSCE Long Term Plan

EYFS: Being me in my world Understand how I am similar and different to others and my own feelings. Understand my rights to play and the meaning of being responsible. Celebrating Differences Understanding differences make us special and unique. Understand how to be a kind friend and when someone is being unkind.
Celebrating Differences Understanding differences make us special and unique. Understand how to be a kind friend and when someone is being unkind.
Dreams and Goals Understand how to achieve a goal and preserve to overcome challenges. Understand how learning now can link to the future.
Healthy Me Understand how to keep my body healthy. Understand what a stranger is.
Relationships Understand ways I feel I belong and how to manage my feelings. Understand how to be kind and a good friend. Changing me Name parts of the body and understand how we grow from babies to adults.

Term	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn	Being me in my world Understand my rights and responsibilities in the classroom and recognise that my views are valued. Celebrating Differences Understanding differences make us special and unique. Financial Capability Understand what money is and where it comes from SRE Big Talk Session - Understanding that we are growing up naming parts of the body and safe and unsafe touches	Being me in my world Understand my rights and responsibilities in the classroom and recognise the need to listen and value other people's point of view as well as my own. Celebrating Differences Identify and value differences between myself and others. Financial Capability To Understand choices that are made regarding money SRE Big Talk Session - To understand and name different parts of the body	Being me in my world Recognise personal worth and understand how rules and responsibilities can help us to make good choices. Celebrating Differences Understand our words affect others and understand the importance of compliments. Financial Capability To understand the link between jobs/careers and money. To understand that there are different ways to pay or things. To understand lending and borrowing SRE Big Talk Session To Understand that boys and girls bodies are different and which parts of the body are private. and why this is To understand how babies grow and how boys and girls bodies change as they	Being me in my world Understand how democracy works in school and how our actions can affect others. Celebrating Differences Recognise that first impressions of others can change and learn to accept people for who they are. Financial Capability To understand different attitudes to spending and saving SRE Big Talk Session To understand differences between boys and girls as they grow. To understand what internal and external reproductive body parts are. Remind about puberty and menstruation. Discuss conception in very simple terms To understand differences between boys and girls as they grow. To understand what internal and external reproductive	Being me in my world Understand democracy and the importance of having a voice and how to participate in it. Celebrating Differences Recognise direct and indirect types of bullying and gain an understanding of how to support those being bullied. Financial Capability To understand different attitudes to spending and risks. To understand value or money and ethical spending. SRE Big Talk Session To discuss puberty for boys and girls in more detail. To understand the social and emotional aspects of becoming an adolescent. Explanation of conception in simple biological terms	Being me in my world Understand democracy and its impact on the school community whilst also recognising the consequences of our actions. Celebrating Differences Understand how differences can cause opportunities for celebration and conflict. Financial Capability To understand budgeting and how people make spending decisions. To understand the impact of money and peoples emotional wellbeing SRE Big Talk Session Discussion on Puberty for boys and girls (separate sessions) To Understand conception to the birth of a baby. Becoming a teenager - Mads, sads, glads



			grow older.	body parts are. Remind about puberty and menstruation. Discuss conception in very simple terms		
Spring	<p>Dreams and Goals Understand the feelings of success and the celebration process.</p> <p>Healthy Me Recognise ways to keep our body safe and healthy.</p> <p>Basic First Aid To understand why first aid is important and how to respond to an asthma attack</p>	<p>Dreams and Goals Understand the importance of collaborative working.</p> <p>Healthy Me Recognise why healthy snacks are good for the body</p> <p>Basic first Aid Understanding coping skills and how to treat a burn</p>	<p>Dreams and Goals Recognise the need to evaluate my own learning process and share my success.</p> <p>Healthy Me Identify risks in the world around you and know how to keep safe.</p> <p>Basic first Aid Understand how to give first aid and how to help someone who is bleeding. How to spot danger</p>	<p>Dreams and Goals Understand resilience is needed to set goals and have a positive attitude.</p> <p>Healthy Me Understand the effects of putting people under pressure and find strategies to resist this.</p> <p>Basic first Aid To understand how to help someone with a head injury.</p>	<p>Dreams and Goals Understand dreams and goals of young people from different cultures.</p> <p>Healthy Me Understand different eating disorders and the roles food plays in people's lives.</p> <p>Basic First Aid To understand how to help someone who has broken a bone or who is choking.</p>	<p>Dreams and Goals Work with others to make the world a better place</p> <p>Healthy Me Understand when alcohol is being used responsibly, antisocially or misused.</p> <p>Basic First Aid To understand how to give first aid if someone is unresponsive</p>



<p>Summer</p>	<p>Relationships Understand who the special people in our lives are and explain why. Changing me Recognise and name parts of the body that make boys different to girls. Understanding feelings.</p>	<p>Relationships Understand positive problem solving techniques to resolve conflict. Changing me Recognise and use technical language to name parts of the body whilst showing a clear understanding of private areas.</p>	<p>Relationships Understand how the world around us influences our lives. Changing me Understand how bodies change as we grow up.</p>	<p>Relationships Recognise different points of view around animal rights. Changing me Recognise ways in which you will change moving into year 5 and what you are looking forward to.</p>	<p>Relationships Recognise pressures that using technology brings and know how to avoid pressures. Changing me Understand how puberty changes our bodies</p>	<p>Relationships Understand when others are trying to gain control or power in different situations. Changing me Understand how a baby develops through conception and is born.</p>
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